



PERFORMANCE ACADEMY

World Class Shotgun Sports Training

Performance First, Winning Second!™

ISSF Certified Olympic Skeet Clinic

[Center Shot Sports](#) will be conducting the first ever ISSF Certified Olympic Shotgun clinic in the US, at the Tucson Trap and Skeet Club in Tucson, AZ. This advanced training camp will be closed training for the athletes, coaches and parents that have registered for the clinic.

Dates: March 21st & 22nd, 2009

Clinic: **Day 1:** The clinic will consist of introduction to Olympic Skeet to include rules, rotation, stance, target variations and vision placement. Gun fit will be addressed the first day.

Day 2: Will consist of advanced training. The late afternoon will consist of a 50 target squaddled match with all USAS/ISSF rules being applied. ***This training match will be open to spectators.***

Clinic Rules: ***Safety will be of utmost importance.*** All ISSF/USAS safety rules will be enforced. Proper attire conforming to ISSF/USAS will be required. No clothing or hats with inflammatory or off color script or symbols. ***Anyone failing to follow all clinic rules will be asked to leave the facility.***

Registration: **Rob Larson** - (Cell) 520-631-2272 (Home) 520-578-9297
E-Mail tinner44@earthlink.net

Location: Tucson Trap and Skeet in Tucson, AZ

Directions: [Tucson Trap & Skeet](#)

Times: Saturday 8AM – 5PM, Sunday 8AM – 3PM,
Training Match 3PM to 5PM

Cost: \$260 / Athlete for the Two day clinic
\$100 / Coach or Parent for the Two day Clinic

Ammo: International 24gram loads are recommended.
One ounce loads will be accepted for this training clinic.

(over)

Pre-Clinic Training: Athletes should begin to dry train immediately. Begin straight on and radial light mounting exercises with Mini-Mag light. Training should be a minimum 50 straight and 50 radial light training three days per week or more until the training dates.

Athletes will need to bring: *Proper learning attitude, plenty of drink and lunch for each day!* Shooting journal. Primary gun and back up if available. Appropriate clothing and foul weather gear, 250+ Shells, all chokes for the gun and tools for any adjustable butt plates and cheek pieces. Also bring a AA 2 cell Mini-Mag light with extra batteries. *(NO OPEN TOED SHOES)*

Coaches participating should bring: *An open mind and plenty of drink!* Bring appropriate clothing, foul weather gear and note taking supplies. Chairs and portable shade like easy-ups are OK!

Parents participating should bring: *An open mind and plenty of drink!* Bring appropriate clothing, foul weather gear and note taking supplies. Chairs and portable shade like easy-ups are OK!